

CHURCH OF ST BARNABAS, APOSTLE AND MARTYR

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PARISH DIRECTORY

RECTOR

The Rev. Canon Stewart Murray
613-668-6992
parishoffice@primus.ca

ASSOCIATE PRIEST

The Rev. Canon James Beall
613-447-7834

HONORARY ASSISTANTS

Canon Matthew Borden
Canon David Raths
Fr Donald Tudin
Canon Roger Young

RECTOR'S WARDEN

Gary Rourke (613-276-0921)

DEPUTY RECTOR'S WARDEN

Valerie Keyes (613-234-1664)

PEOPLE'S WARDEN

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DEPUTY PEOPLE'S WARDEN

Diane Roussel (613-745-7302)

TREASURER

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SITIO STUDENTS & YOUNG ADULTS

Fiona SC Laverty (709-771-1662)
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ORGANIST AND CHOIRMASTER

Wesley Warren, M.Mus.,
F.R.C.O.(Chm), A.R.C.T.

WORSHIP SCHEDULE

MONDAY

8:00 p.m. Compline

TUESDAY

9:30 a.m. Morning Prayer
10:00 a.m. Mass
St. Chad, Bishop and Missionary

ASH WEDNESDAY

HOLY DAY OF OBLIGATION

7:30 a.m. Low Mass
10:00 a.m. Low Mass
7:30 p.m. Solemn High Mass

THURSDAY

12:15 p.m. Mass
St. Perpetua & Companions, Martyrs

FRIDAY

7:00 a.m. Morning Prayer
7:30 a.m. Mass
*Lenten Feria,
Edward King, Bishop*

Please note that confession is available by appointment. Speak to one of the clergy to make arrangements.

READINGS FOR NEXT SUNDAY

LENT I

8:30 a.m. **Low Mass**

2 Cor 6:1-10
Matt 4:1-11

10:30 a.m. **High Mass**

Deut 26:1-11
Rom 10:8b-13
Luke 4:1-13



THE ANGLO-CATHOLIC PARISH IN THE DIOCESE OF OTTAWA
CELEBRATING 130 YEARS OF WORSHIP AND SERVICE, 1889-2019



Mosaic of The Transfiguration (6th century) – Basilica of Sant' Apollinare in Classe, Ravenna

3 March 2019

Quinquagesima

The Last Sunday after the Epiphany

Welcome!

We are a diverse community of people from a wide range of backgrounds and experience, excited about discovering the grace and love of Jesus Christ in the midst of the world. Since our foundation, worship has been the centre of the life of our parish. The Mass, or Holy Eucharist, is the central act of Christian worship, around which all else revolves. We invite you to join us as we worship the Lord in the beauty of holiness.

Quinquagesima/Last Epiphany 3 March 2019

8:00 a.m. Mattins

Said in the Chapel

8:30 a.m. Low Mass

Book of Common Prayer, pp. 67-86

Introit & Gradual: see bulletin

Collect, Lesson and Gospel: *BCP*, pp. 136-138

10:30 a.m. Solemn High Mass

The Order of the Holy Sacrifice of the Mass (white booklet)

Hymnal: *The Book of Common Praise* (blue book)

Music of the Mass: *Missa Brevis in F minor* - Margaret Drynan (1915-1999)

Gloria and Creed - Merbecke

Copies of the music booklet, “**Cantate Domino**” for congregational use are available on the table at the back of the Nave.

Organ Music Variations sur un thème de Clément Jannequin
- Jehan Alain (1911-1940)

Please stand for the entrance of the Sacred Ministers

Opening Hymn 499 “How firm a foundation” *St. Denio*

Asperges occur during the hymn; as the Celebrant sprinkles Holy Water on the congregation, it is customary to bow and to make the sign of the cross.

Introit Be thou my God and defender, and a place of refuge that thou mayest save me: for thou art my upholder, my refuge, and my Saviour; and for thy holy Name’s sake be thou my leader, and my sustainer. *Ps.* In thee, O Lord, have I put my trust; let me never be put to confusion: but rid me, and deliver me in thy righteousness. Glory be ... Be thou my God ...

Greeting and Collect for Purity **Mass Booklet, pp. 1-2**

Kyrie and Gloria **p. 2**

Collect of the Day (see insert) **p. 3**

Proclamation of the Word (see insert) **pp. 3-5**

Lesson Exodus 34:29-35 (p. 75 in *Pew Bible*)

Psalm 99 (*chanted by choir*)

Epistle II Corinthians 3:12-4:2 (p. 965 in *Pew Bible*)

Gradual Hymn 104 “O Holy Spirit, whom our Master sent” *St. Agnes*

Gradual Thou art the God that doeth wonders: and hast declared thy power among the people. Thou hast mightily delivered thy people: even the sons of Jacob and Joseph. Alleluia, alleluia. I will love thee, O Lord my strength: the Lord is my stony rock, my fortress, and my Saviour. Alleluia.

Holy Gospel Luke 9:28-36 (see insert / p. 867 in *Pew Bible*) **p. 4**

Sermon The Rev’d Dcn James Mosher

Nicene Creed **p. 5**

Prayers of the People (see notices insert) **p. 6**

Confession and Absolution **pp. 6-8**

Offertory Blessed art thou, O Lord; O teach me thy statutes: with my lips have I been telling of all the judgements of thy mouth.

Offertory Hymn 515 “I know that my Redeemer lives” *Duke Street*

Canon of the Mass **pp. 9-16**

Communion They did eat, and were well filled, for the Lord gave them their own desire: they were not disappointed of their lust.

All baptized Christians are welcome to receive the Holy Eucharist

Communion Hymn 382 “As pants the hart” *Martyrdom*

Ablutions Motet How beautiful upon the mountains
- John Stainer (1840-1901)

Thanksgiving and Dismissal **pp. 16-18**

Post-Communion Hymn 571 “All for Jesus” *All for Jesus*

Announcements and The Angelus **pp. 21-22**

Organ Music Prelude on ‘Aeterna Christi munera’ - Healey Willan



A warm **Welcome** is extended to all visitors and newcomers worshipping with us today. Please sign our Visitors' Book in the Narthex following the service. After High Mass, do join us for refreshments in the Fred Allen Memorial Hall.

Upcoming Events

Today – there will be a Carnival of Venice-themed **Parish Lunch** following High Mass (\$5). Please do join us for some wholesome Shrovetide fun.

Shrove Tuesday, March 5th – All are welcome to our annual **Pancake Supper** from **5:30 – 7 p.m.** Adults \$8, Children 6 and up \$5, under 5 free (a family rate is available).

Ash Wednesday, March 6th – Holy Day of Obligation. **Low Mass** with imposition of ashes will be offered at **7:30 a.m. and 10:00 a.m.** **Solemn High Mass** with imposition of ashes will be at **7:30 p.m.**

Sunday, Lent I, March 10th – A Lenten study course will be on offer following High Mass, which will run for the duration of Lent. The topic will be the **Seven Deadly Sins**. Refreshments and a light lunch will be available.

Sunday, March 10th – **Solemn Evensong and Benediction** at **7:00 p.m.** The service will be followed by a reception in the Fred Allen Memorial Hall.

Through Lent with Luke: listening to the third Gospel with Father David Rath on **Wednesdays**, starting **March 13th**, at **7:00 pm** in the church library.

Nota bene

Copies of the **Mass Schedule for March 2019** are available on the table in the Narthex. Do take one home with you as it indicates the Services and gives the Intention for Masses.

Copies of the **Forward - Day by Day** devotional booklets for the period of February through April 2019 are available in the Tract Rack in the Narthex at a cost of \$2.00 each.

The choir's CD recording "**Exsultate Deo**" is available at \$20 after services today.

Anglican News Sources

Those wishing to renew a subscription to the **Anglican Journal/Crosstalk** may do so on line or by email. <https://www.anglicanjournal.com/yes/> or yes@national.anglican.ca or by mail to 80 Hayden St. Toronto, ON M4Y 3G2

For a classically Anglican perspective within the Global Anglican Communion, consider a subscription to **The Anglican Planet**. anglicanplanet.net or The Anglican Planet Office, 11 All Souls' Lane Charlottetown PE C1A 1P9, info@anglicanplanet.net tel: 902-368-8442

In the Anglican Cycle of Prayer, we pray for Iglesia Anglicana de Chile.

In our Diocesan Cycle of Prayer, we pray for the Ottawa Pastoral Counselling Centre, and members of the Parish Ministry Committee.

In our Parish, we pray for all who belong to our Parish and in particular for Johanne and Jim Beall, Brian Beaven, Denise and Roger Beland, and Karen Benedict.

We remember those for whom our prayers have been asked: Patricia Boyce, Geoffrey, Joshua, Roger Beland, Beverly Lynch, Emma and Family, Harvey Cottrell, Vera Iodko, Sarah F, The Rev. Deacon Henry Stauffenberg, Jarod, David Blackman, Murray Nash, Chris and Polly Dougherty, Hyacinth, Carol Frayne, Diane Favra, Anna and Chris, John Young, Emily, Andrew, Meghan, Nadejda, Julia, Alex Adam, Svetlana, Mary and Rob, Ronald Bentley Bishop John Chapman, Pat Francis, John Netten, Katie, Fr. Borden, Fr. Bill Simons, John Colbert and for all living with anxiety and depression.

For troubled areas of the world, we pray for the Middle East, with the continuing troubles in Palestine, Gaza, and Israel; Egypt, Libya, Syria, and Ukraine; Iraq, Iran, and Afghanistan; India, South Sudan, and Kenya; all suffering from disease, war, terrorism, and natural disaster; and our Canadian Forces and aid workers serving worldwide.

For those celebrating a birthday this week: Nan Nunn, Austin Cooke, John Miller, Cathy Mealing, Sylvia Burbridge, Rosemary De Catanzaro, Colin Fletcher, and Roger Lucy.

For those celebrating a wedding anniversary: Jennifer Dekker and Brent Burbridge.

For all the faithful departed: Sylvia Gormandy, and members of our family and friends.

Prayer Requests

The Rector reminds us that we welcome requests for prayers. Names may be included either in public prayers or in Father's private prayers. Please use the "Note to the Clergy" cards in the pews for your intention(s).

Candles and Flowers In Memoriam

A reminder that the list for **altar flowers** and **vigil candles** is in the narthex. If you wish to place flowers on the High Altar or Lady altar or have a Blessed Sacrament light dedicated in memory of someone or as a thank offering please consider signing the chart.

Parish Office Hours

Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.

Entrance: 394 Kent St.

Phone: 613-232-6992

e-mail: stbarnabas@primus.ca

Lenten Devotional Opportunities

The exhortation read each year on Ash Wednesday invites Christians in the name of the Church,

to the observance of a holy Lent, by self-examination and repentance, by prayer, fasting, and self-denial, and by reading and meditating on God's holy Word.

To that end, St. Barnabas Church will be offering the following educational programmes and spiritual practices during the upcoming Lenten season.

Lenten Daily Devotional Booklets: We Bow Our Hearts to You by Ed Arle are now available at the back of the Church.

Through Lent with Luke: listening to the third Gospel with Father David Rath on **Wednesdays**, starting **March 13th**, at **7:00 pm** in the church library.

To Decline from Sin and incline to Virtue: The Seven Deadly Sins. Join Brian Wehrle on **Sundays** after High Mass for an eclectic look at virtue and vice. "Walk in the Spirit... crucify the flesh with its passions and desires." (Gal 5:16,24)

The Stations of the Cross will be led each **Friday** by Fr Murray and/or members of the young adult group Sitio. Journey with our Lord along the Via Dolorosa and meditate on the path to salvation.

Confession. Take the opportunity to avail yourself of the sacrament of reconciliation and be shriven. Please speak to a member of the clergy to schedule an appointment.

Daily Office/Mass. Consider taking on some extra devotional practices this Lent by attending the weekday offices and masses at St. Barnabas. Times can be found in the bulletin and on the website.

Lenten Mission with Sr Elizabeth Ann Eckert SSJD will be held on the weekend of April 6th, & 7th.

Baptism and Confirmation

The *Exhortation* indicates that,

This season of Lent provided also a time in which converts to the faith were prepared for holy Baptism.

Any children or those such as are of riper years seeking **Baptism**, **Confirmation**, or **Reaffirmation**, should duly consider making preparations for these vital Sacraments of Initiation, as **Bishop Baycroft** will be visiting the parish in **May**. Please speak to the Rector at your earliest possible convenience.

Carnival and Shrove Tuesday

Today after High Mass, we celebrate *carnival* with a parish luncheon. This coming week is *Shrove Tuesday*, which marks the last opportunity before the 40-day Lenten fast to indulge in rich, fatty foods (hence the term, *Mardi gras*), and haute cuisine, like pancakes. The pre-Lenten period of merriment, traditionally known as *Shrovetide* in English, which began on Septuagesima, thus ends on the eve of Ash Wednesday (*Fastnacht* in German). Carnival was derived from the late Latin term, *carne levare*, to remove meat, whilst *Shrove Tuesday* comes from *shrive*, to hear confession, as it marked the final day in which one could be *shriven* of one's sins before beginning the spiritual rigours of the penitential season.

The **Carnival of Venice** was once the most celebrated of pre-Lenten parties, originating in the 11th century or earlier, and culminating in the baroque excess of the 18th century. Outlawed in 1797, the carnival experienced a rebirth in 1979. The wearing of elaborate masks is closely associated with the Venice Carnival. As well as providing anonymity, the masks allowed for mockery of the excesses of the ruling class. The stock characters of *Commedia dell'Arte*, (Italian comedic theatre), provided inspiration for many of the masks worn during carnival, and many of the comedic archetypes and comedy tropes familiar to us today were developed in Venice.

Although *Carnival* and *Mardi gras* tend to be known primarily for wanton excess and moral laxity, *Shrovetide*, or the pre-Lenten season, can remind us that "To everything there is a season." The Christian life is one of both feasting and fasting; just as there are seasons of rigorous spiritual training, so too are there periods of rejoicing in the excess of God's grace, with or without a gondola.

